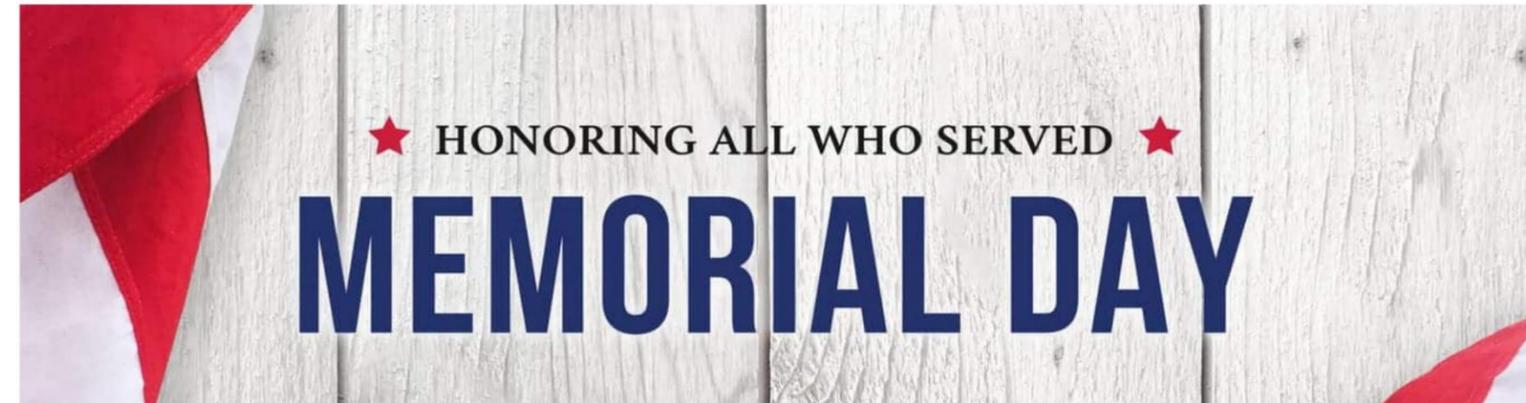


Monday 3 Swiss Steak w/Onion & Tomato Mashed Potatoes 1CS Green Beans Pears 1CS Bread 1CS 	Tuesday 4 Mandarin Orange Chicken 1CS Baked Potato 1CS Broccoli Banana 2CS Chocolate Pudding w/Topping 1CS Bread 1CS	Wednesday 5 - Cinco de Mayo Mexican Chicken Soup 1CS w/Cheese & Tortilla Chips 1CS Tossed Salad Fruit Crisp 1 1/2CS SF Vanilla Ice Cream 1CS	Thursday 6 Scrambled Eggs w/Cheese 1CS Hashbrown Patty 1CS Squash 1 1/2CS Strawberries 1CS Orange Juice 1CS Bread 1CS 	Friday 7 Lasagna Rotini 2CS Peas 1CS Coleslaw Peaches 1CS Garlic Bread 1CS
Monday 10 BBQ Chicken Legs 1CS Potato Wedges 1CS English Pea Salad 1CS Cooked Cinnamon Apples 1 1/2CS Bread 1CS	Tuesday 11 Breaded Baked Fish Herb Diced Potatoes 1CS Stewed Tomatoes 1/2CS Fruit Cocktail 1CS Jello w/Topping 1CS Bread 1CS	Wednesday 12 HAPPY BIRTHDAY Hamburger on a Bun 2CS Leaf Lettuce & Tomato Slices Potato Salad 1 1/2CS Carrots 1/2CS Orange 1CS Cake 2CS 	Thursday 13 Chicken Alfredo Linguini 1 1/2CS Broccoli Squash 1 1/2CS Apricots 1CS Bread 1CS	Friday 14 Beef Noodle Stroganoff 2CS California Vegetables Pears 1CS LS V-8 Juice 1CS Bread 1CS 
Monday 17 Sloppy Joe on a Bun 2CS Baked Potato 1CS Mixed Vegetables 1/2CS Pineapple Tidbits 1CS	Tuesday 18 Swedish Meatballs Parslied Potatoes 1CS Carrots 1/2CS Pears 1CS Bread 1CS 	Wednesday 19 Chicken Wild Rice Soup 1CS Egg Salad on a Croissant 2CS Mandarin Oranges 1CS LS Tomato Juice 1CS Crackers 1CS	Thursday 20 Meatloaf 1/2CS Herb Diced Potatoes 1CS Broccoli Applesauce 1 1/2CS Bread 1CS 	Friday 21 Turkey Roast Mashed Potatoes w/Gravy 1CS Green Beans Cranberry Sauce 1CS Tropical Fruit 1CS Bread 1CS
Monday 24 Chef's Choice 	Tuesday 25 Pizza Casserole 2CS Italian Vegetables Tossed Salad Fruit Cocktail 1CS Garlic Bread 1CS	Wednesday 26 Chicken in Celery Sauce Sliced Potatoes 1CS Carolina Beans 2CS Peaches 1CS LS Tomato Juice 1CS Bread 1CS 	Thursday 27 Sierra Beef Casserole 1CS Seasoned Spinach Carrots 1/2CS Cooked Apples 1 1/2CS Bread 1CS	Friday 28 Chicken Bacon Ranch Wrap 2CS Potato Salad 1 1/2CS Tomato Spoon Salad Banana 2CS
Monday 31 CLOSED 	Puzzle of the Month Solve the sentence below and put your name into this month's drawing. March  and April  bring forth May 			April Winners: Marjo M. (Hot Springs) Rose S. (Rapid City) April Answer: 1. Hip Hop 2. Jelly Bean 3. Funny Bunny 4. Hare Brush 



Adult Day Center of the Black Hills
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— Adult Day Center — Happenings

Monday, May 3 @ 1:00 pm - Kara and Murphy

Tuesday, May 4 @ 1:30 pm - Bob Grimm Band

Friday, May 7 @ Noon - Ida Buchholz piano

Friday, May 7 - Root Beer Float Friday!

Sunday, May 9 - MOTHER'S DAY

Friday, May 14 @ Noon - Ida Buchholz piano

Friday, May 14 - Root Beer Float Friday!

Monday, May 17 @ 1:00 pm - Sonshine Girls

Thursday, May 20 @ 10:00 am - Caregiver Support Group

Friday, May 21 @ Noon - Ida Buchholz piano

Friday May 21 - Root Beer Float Friday!

Friday, May 28 @ Noon - Ida Buchholz piano

Friday, May 28 - Root Beer Float Friday!

Monday, May 31 - CLOSED FOR MEMORIAL DAY

WISH LIST

We continue to receive quite a few donations from our wish list. Many of them are anonymous, but we want everyone to know how much we appreciate everything you all do for us.

What would we do without you? Most of these items are always needed, so the list doesn't change much from month to month.

- Coffee (decaf and regular) and flavored creamers
 - Potting soil and flowerpots
- Indoor grow light fixture and bulbs for plants
 - Birdseed (always!)
- Paper towels, napkins, large and small paper plates
- Healthy snacks - yogurt, fruit, cheese, peanut butter, muffins, English muffins, granola, etc.
 - Packaged snacks - chips, cookies, crackers, pretzels, popcorn, pudding, etc.
 - Sugar free snacks and candies
 - Root Beer and Ice Cream
 - Classic Battleship game



Director's Comments

We had some wonderful things going on this month. The [Rotary Club Raffle](#) was a huge success. We can't thank them enough for the work they put into it, and the fact that they chose us as the recipient. Rumor has it that they surpassed their goal by a landslide. It was truly inspiring.

The [salon](#) opened on April 15 with a completely booked schedule. We were planning to be open monthly, but it looks like we may be negotiating a biweekly schedule instead, because it was so popular. Terra will be scheduling the next dates soon. Her schedule fluctuates, but I will let you know as soon as we put dates on the calendar.

The [Bob Grimm Band](#) promised to play on the first Tuesday of every month starting in May. Then they surprised us with a special advance performance in April. It was their first gig since Covid, and we didn't mind at all that they started with us. It was a very fun day, and we learned that certain members of our group are very good dancers!

Lorie returned in April with her friend Edna. They entertained us with hymns and fun songs. There was some dancing, some laughter, and even a few tears. Some of those songs are powerful. Lorie has quite a few musical friends and plans to entertain us on the third Monday of every month with whoever is available to join her. They call themselves the [Sonshine Girls](#).

[Ida Buchholz](#) has been playing the piano at lunchtime every Friday. This is a huge commitment, and we love her for it. We also love the music!

Another addition to our calendar starting in May will be [Kara and Murphy](#) on the first Monday of every month. Murphy is a very smart dog, I hear.

We have had several conversations about resuming the [Caregiver support group](#). Ann Anderson has agreed to facilitate it again. Meetings will be on the third Thursday of every month, in the ADC break room at 10:00.

There have been several other groups reaching out to do things for the ADC in the coming months. I love how our community comes together to share their time and talents. Maybe next month our calendar will be completely full!

We welcomed a new driver, Roberta, in April. Her enthusiasm is contagious. She has been a wonderful addition to our team. Transportation has proven to be a continuously evolving process, but with a flexible team and the cooperation of our guests and families it works well most days.

I hope everyone has a wonderful month. Remember our Mothers and our Veterans with all the love and appreciation they deserve. I know I will.

- Sue Jarvis, Executive Director

Memorial Day Facts

- Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2021 will occur on Monday, May 31.
- Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.

Early Observances of Memorial Day

- The [Civil War](#), which ended in the spring of 1865, claimed more lives than any conflict in U.S. history and required the establishment of the country's first national cemeteries.
- By the late 1860s, Americans in various towns and cities had begun holding springtime tributes to these countless fallen soldiers, decorating their graves with flowers and reciting prayers.
- *Did you know?* Each year on Memorial Day a national moment of remembrance takes place at 3:00 p.m. local time.
- It is unclear where exactly this tradition originated; numerous different communities may have independently initiated the memorial gatherings. And some records show that one of the earliest Memorial Day commemoration [was organized](#) by a group of freed slaves in Charleston, South Carolina less than a month after the [Confederacy](#) surrendered in 1865. Nevertheless, in 1966 the federal government declared Waterloo, [New York](#), the official [birthplace of Memorial Day](#).
- Waterloo—which first celebrated the day on May 5, 1866—was chosen because it hosted an annual, community-wide event, during which businesses closed and residents decorated the graves of soldiers with flowers and flags.

Decoration Day

- On May 5, 1868, General John A. Logan, leader of an organization for Northern Civil War veterans, called for a nationwide day of remembrance later that month. "The 30th of May 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land," he proclaimed.
- The date of [Decoration Day](#), as he called it, was chosen because it wasn't the anniversary of any particular battle.
- On the first Decoration Day, General [James Garfield](#) made a speech at [Arlington National Cemetery](#), and 5,000 participants decorated the graves of the 20,000 Civil War soldiers buried there.
- Many Northern states held similar commemorative events and reprised the tradition in subsequent years; by 1890 each one had made Decoration Day an official state holiday. Southern states, on the other hand, continued to honor their dead on separate days until after [World War I](#).
- Confederate Memorial Day is still celebrated in several states and will be on Sunday, April 26, 2020 in Florida; on Monday, April 27, 2020 in Alabama, Georgia and Mississippi and on May 11, 2020, in parts of South Carolina. The practice of commemorating the Confederacy became even more controversial after [massacre at Emanuel AME Church](#) in Charleston in 2015.

History of Memorial Day

- Memorial Day, as Decoration Day gradually came to be known, originally honored only those lost while fighting in the Civil War. But during World War I the United States found itself embroiled in another major conflict, and the holiday evolved to commemorate American military personnel who died in all wars, including [World War II](#), [The Vietnam War](#), [The Korean War](#) and the wars in [Iraq and Afghanistan](#).
- For decades, Memorial Day continued to be observed on May 30, the date Logan had selected for the first Decoration Day. But in 1968 Congress passed the Uniform Monday Holiday Act, which established Memorial Day as the last Monday in May in order to create a three-day weekend for federal employees; the change went into effect in 1971. The same law also declared Memorial Day a federal holiday.

Memorial Day Traditions

- Cities and towns across the United States host Memorial Day parades each year, often incorporating military personnel and members of veterans' organizations. Some of the largest parades take place in [Chicago](#), [New York](#) and [Washington, D.C.](#)
- Americans also observe Memorial Day by visiting cemeteries and memorials. Some people wear a red poppy in remembrance of those fallen in war—a tradition that [began with a World War I poem](#). On a less somber note, many people take weekend trips or throw parties and barbecues on the holiday, perhaps because Memorial Day weekend—the long weekend comprising the Saturday and Sunday before Memorial Day and Memorial Day itself—unofficially marks the beginning of summer.