










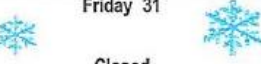



<b>November Winners:</b> Debra A. (Valley View, RC) Deja H. (Wall) <b>November Answer:</b> Scarecrow	<b>Puzzle of the Month</b> WHY IS SANTA SO GOOD AT KARATE? 	<b>Wednesday 1</b> Chicken in Celery Sauce 1CS Mashed Potatoes 1CS Carolina Beans 1CS Tropical Fruit 1CS Bread 1CS 	<b>Thursday 2</b> Sausage Gravy over a Biscuit 2CS Brussel Sprouts Squash 1 1/2CS Jello w/Fruit 1CS	<b>Friday 3</b> Spaghetti w/Meat Sauce 2CS Peas 1CS Banana 2CS Chocolate Pudding 2CS Garlic Bread 1CS 
<b>Monday 6</b> BBQ Chicken on a Bun 2CS Parmesan Potatoes 1CS Broccoli Applesauce 1 1/2CS 	<b>Tuesday 7</b> Macaroni & Cheese 2CS Peas & Carrots 1CS Stewed Tomatoes Orange 1CS Bread 1CS	<b>Wednesday 8 HAPPY BIRTHDAY</b> Salisbury Steak w/Gravy 1CS Baked Potato w/Sour Cream 1CS California Vegetables Peaches 1CS Bread 1CS Cake 2CS 	<b>Thursday 9</b> Breaded Baked Fish Hashbrown Patty 1CS Tossed Salad w/Tomatoes Pears 1CS SF Ice Cream 1CS Bread 1CS	<b>Friday 10</b> Cream of Potato Soup 1CS Ham & Cheese Sandwich 2CS English Pea Salad 1 1/2 CS Strawberry Apples 1 1/2CS
<b>Monday 13</b> Swedish Meatballs 1CS Parslled Potatoes 1CS Cooked Carrots 1/2CS Apricots 1CS Bread 1CS	<b>Tuesday 14</b> Chunky Chicken Vegetables Soup 1CS Garlic Bread 1CS LS V-8 Juice 1CS Pears 1CS 	<b>Wednesday 15</b> <i>Reservations for Christmas Meal Due</i> Applesauce Pork 1CS Baked Sweet Potato 1 1/2CS Beets 1CS Tossed Salad Banana 2CS / Bread 1CS	<b>Thursday 16</b> Meatloaf 1/2 CS Baked Potato 1CS California Vegetables Strawberries 1CS Jello w/ Topping 1CS Bread 1CS 	<b>Friday 17</b> Pork Roast Sliced Potatoes w/Gravy 1CS Mixed Vegetables 1/2CS Cranberry Sauce 1CS Applesauce 1 1/2CS Bread 1CS
<b>Monday 20</b> Hamburger on a Bun 2CS Corn 1CS LS Baked Beans 2CS Tomato Slices on Leaf Lettuce Peaches 1CS	<b>Tuesday 21</b> Mexican Chicken Soup w/Cheese 1CS LS Crackers 1/2CS Spinach Salad with Almonds & Craisins 1/2CS Apple Juice 1CS	<b>Wednesday 22</b> Chef's Choice 	<b>Thursday 23 Christmas Meal</b> Roast Beef Mashed Potatoes w/Gravy 1CS Green Bean Almondine 1CS Cranberry Crunch Salad 1CS Chef's Choice Dessert 2CS Dinner Roll 1CS	<b>Friday 24</b>  Closed Christmas Eve
<b>Monday 27</b> Scrambled Eggs w/Cheese Sausage Link 1CS Hashbrown Patty 1CS Glazed Carrots 1CS Fruit Muffin 2CS Orange Juice 1CS 	<b>Tuesday 28</b> Baked Steak with Mushroom Gravy 1CS Baked Potato 1CS Green Beans Fruit Cocktail 1CS Bread 1CS	<b>Wednesday 29</b> LS Ham Baked Sweet Potato 1 1/2CS Parmesan Peas 1CS Acini de Pepe Salad 1CS Bread 1CS	<b>Thursday 30</b> Beef Tips and Gravy 1CS over Rice 1CS Carrots 1/2CS Broccoli Pineapple Tidbits 1CS Bread 1CS 	<b>Friday 31</b>  Closed HAPPY NEW YEAR'S EVE 



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— Adult Day Center —  
*Happenings*

- December Wish List Items**
- Root Beer
  - Cookies
  - Individual or Group Crafts
  - Individual Snacks
  - Paper Products (Plates, Paper Towels, Cups, Toilet Paper)
  - Coffee and Hot Chocolate
  - Coffee Powdered Creamer & Splenda

- |                        |                                     |
|------------------------|-------------------------------------|
| Thursday, December 2   | Field Trip Outing - Parade of Trees |
| Friday, December 3     | Root Beer Float Friday              |
| Monday, December 6     | Kara & Murphy                       |
| Tuesday, December 7    | Bob Grimm Band                      |
| Thursday, December 9   | Field Trip Outing - TBD             |
| Friday, December 10    | Root Beer Float Friday              |
| Wednesday, December 15 | National Cupcake Day                |
| Thursday, December 16  | Field Trip Outing – Colonial House  |
| Friday, December 17    | Root Beer Float Friday              |
| Monday, December 20    | Blanket Craft                       |
| Friday, December 24    | CLOSED                              |
| Saturday, December 25  | Merry Christmas!                    |
| Tuesday, December 28   | Field Trip Outing – TBD             |
| Thursday, December 30  | Merry Grinchmas! The ADC Christmas! |
| Friday, December 31    | CLOSED                              |

From the ADC Board of Directors and the ADC Staff – Happy Holidays!

\*\* schedule subject to change at any time \*\*

Just like that, we are in December! We were **extremely lucky** with the weather we had in November and have taken advantage of the nice days! November brought a lot of joy around the ADC! We reminisced about the many things we are thankful for during the season of Thanksgiving. I know we are all overfilled with love for our family, friends, and the ADC! We have so much to be thankful for.

**Just a reminder.** We are closed on December 24<sup>th</sup> (Christmas Eve) and December 31<sup>st</sup> (New Year's Eve) so our staff can enjoy the holiday with their families.

We started going to Colonial House as a new outing in November to enjoy some coffee, caramel rolls, and good conversation! We plan to keep this as a monthly outing! We also enjoyed our outings to the Pawnseum, Taco Tuesday at Taco Bell, and Pottery 2 Paint! With the colder temperatures coming, we are still planning to take **weekly outings**. Please let us know if you have any ideas!

Thank you to our **volunteers** and **entertainers** for the month of November! You bring so much joy to all of our participants, staff, and families. We are extremely thankful for you! If you know of anyone that would like to do entertainment at the ADC once a month, please let us know. We are always looking for new faces around the ADC!

**Big THANK YOU** to the friends of ADC who donated in November! Mike and Christopher, Candance R., Harold B., Sunding family, Scott B., Deb G., and anyone else who donated! Donations help so much!

**Caregiver Support Group** will be starting back up in January. Diane Ange has graciously agreed to lead the support group. Thank you so much to Ann Anderson for leading our support group for so long! Your dedication to the ADC has meant so much!

If you know anyone who could benefit from our services, please let us know.

Remember if you want to stay up to date on our **daily happenings**, check out our **Facebook page** and like us at "The Adult Day Center of the Black Hills." Please leave us a Google review to let people know how much you and your family love the ADC.

# CHRISTMAS around the world:

## 8 FUN FACTS you probably didn't know

**1 USA**  
Americans love decorating their houses with Christmas lights and spend a whopping \$6 billion on them every year!

**2 SWEDEN**  
On Christmas Eve, more than half of Sweden sits down to watch a Disney Christmas special on TV, making it one of the most popular television programs ever.

**3 UK**  
People in Britain love their Christmas crackers. They look like giant sweet wrappers and make a bang when pulled open. They come with a paper crown, joke or little gift inside.

**4 CHINA**  
Only 1% of the population in China celebrates Christmas, even though the majority of Christmas decorations sold around the world are made there.

**5 BRAZIL**  
It's summer during Christmas in Brazil, so Santa wears a lighter suit and distributes presents using a ladder or a trampoline.

**6 AUSTRALIA**  
Australians celebrate Christmas at the beach with a family barbeque or 'barbie', as the Aussies call it.

**7 SPAIN**  
Spaniards love to play the Christmas lottery, partly because the Jackpot is one of the biggest in the world. The winning numbers are sung by orphans on national TV.

**8 GERMANY**  
Germans visit their neighbors and friends before Christmas to have a look at their Christmas tree. In return, they receive a glass of strong liquor called 'Schnaps'.

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