



## Wish List



**COATS!**  
**Gloves, Hats**  
**Gas Cards**  
**Art Supplies (canvases, ceramics)**  
**Root Beer/Ice Cream**  
**Hygiene items (shampoo, conditioner and body wash)**



**We are hosting a coat drive through February 20!**  
**All extra coats will be donated to the Hope Center.**

## Thank You

Thank you to Prouty Pottery, Black Hills Advocate, Bob Grimm Band, Kara & Murphy, Robbinsdale Bowling Alley, Sheila and Robert M., and many others for sharing your time & talents, opening your businesses and making sure our guests are well taken care of.

A small gesture goes a long way with us!



## February

We need your support to pass HB1078 to expand Adult Day Services in South Dakota!

What: State Advocacy Day in Pierre, SD

Who: Caregivers and supporters of Adult Day Services

When: February 13, 2023

*Call the Adult Day Center for more information!*

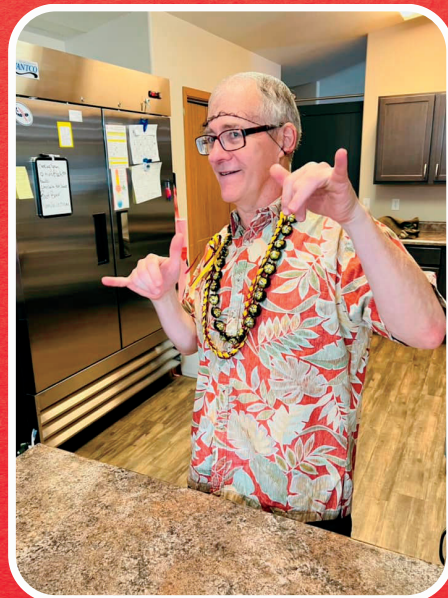
Due to 28 skilled nursing facilities closing in the last eight years, the demand for Adult Day Services is higher than ever. Low Medicaid reimbursement rates and high start up costs prevent the ability to expand or start new centers. We want you and your loved ones to be able to stay home for as long as possible and House Bill 1078 will help us do just that!



**Adult Day Center**  
— of the Black Hills

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## Frequently asked Questions about Adult Day Services

### Who do you serve?

We welcome any adult who needs supervision, socialization, and/or assistance with personal cares. Many of our guests have disabilities or dementia/Alzheimers.

### Do you have any openings?

We have the capacity for 5 more full-time guests and several openings for part-time or drop-in guests.

### What are your hours?

We are open Monday-Friday from 7:30 a.m. to 5:30 p.m. We follow the RCAS winter weather closures and are closed most major holidays.

### How much does it cost?

Our private pay rate is \$25/hour. There are programs available through the Division of Long Term Services & Support that may be able to help cover the cost of your loved one's attendance. Veterans can often use their VA benefits to attend. We work with all of our guests to access available funding. We are a 501(c)3 non-profit and rely on cash/in-kind donations in order to continue our services.

### What can we expect?

We offer activities throughout the day that enhance cognitive and physical abilities, and create friendships and acceptance. We have a compassionate staff who can help with personal cares/showers if needed. Communication with caregivers is essential to ensure we are providing the best possible care for your loved ones.



# February Activities

**Wednesday, February 1:** Pool Tournament - sign up by 10:00am

**Thursday, February 2:** Groundhog Day Activities

**Friday, February 3:** Remembering Buddy Holly, Ritchie Valens, and Big Bopper & Bingo

**Monday, February 6:** Kara & Murphy; ADC Jeopardy, **Colonial House @ 12:30pm (\$10)**

**Tuesday, February 7:** Bob Grimm Band; National Send a Card to a Friend Day Activity

**Wednesday, February 8:** Valentine Craft **(\$3)** @ 12:30

**Thursday, February 9:** National Give Hearts Day Craft w/Jenice; Dance Lessons @ 1pm

**Friday, February 10: Lunch at Piesano's - SIGN UP BY FEB 6! \$12**

**Monday, February 13:** World Radio Day Jeopardy- Bring a donation for the local food bank

**Tuesday, February 14:** Valentines Day Party @ 12:30pm - Wear Red

**Wednesday, February 15: Robbinsdale Bowling \$12**

**Thursday, February 16:** Afternoon of Bingo

**Friday, February 17:** National Caregiver Day & National Random Act of Kindness Day

**Monday, February 20:** Presidents' Day Picnic; National Comfy Day- wear comfy clothes

**Tuesday, February 21:** Non-Booze & Tattoos Mardi Gras Party @ 12:30pm

**Wednesday, February 22:** Wacky Wednesday- Prize for wackiest outfit

**Thursday, February 23: Movie at the Elk's Theatre w/Jungle Pack (\$13)**

**Friday, February 24:** Afternoon of card games and poker

**Monday, February 27: Dollar Tree (\$3)**







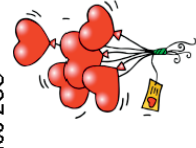





**Tuesday, February 28:** Make a Bird Feeder

*On a daily bases we play board games, a variety of trivia games, bingo, and card games. Please call Bess Wendland, Activity Coordinator, to check your activity account balance.*

*Guests not able to attend outings will have an alternative activity to participate in. All outings are a minimum of \$3 to help cover transportation costs. All activities subject to change due to weather/staffing.*

**\*\*\*Save your Family Fare receipts for a fundraiser at the ADC\*\*\***



<p><b>Jan. Winner: Pat R. (Hot Springs)</b> <b>Leroy H. (RC Home Delivery)</b></p> <p>Jan. Answer: #1. Snow Ball #2. A Chill Pill</p>		<p><b>Wednesday 1</b></p> <p>Creamed Turkey over Mashed Potatoes 2CS Peas &amp; Carrots 1CS Jello w/Topping 1CS Medium Orange 1CS Bread 1CS</p>	<p><b>Thursday 2</b></p> <p>Pizza Casserole 2CS Italian Vegetables Tossed Salad Fruit Cocktail 2CS Garlic Bread 1CS</p> 	<p><b>Friday 3</b></p> <p>LS Ham Parmesan Potatoes 1CS California Vegetables Applesauce 1 1/2CS Bread 1CS</p> 	
<p><b>Monday 6</b></p> <p>Hamburger on a Bun 2CS Green Beans Potato Salad 1 1/2CS Leaf Lettuce &amp; Tomato Slices Pears 1CS</p> 	<p><b>Tuesday 7</b></p> <p>Scrambled Eggs w/Cheese Sausage Link 1CS Hashbrown Patty 1CS Glazed Carrots 1CS Orange Juice 1CS Bread 1CS</p>	<p><b>Wednesday 8 HAPPY BIRTHDAY</b></p> <p>BBQ Chicken Leg 1CS Baked Potato w/Sour Cream 2CS Broccoli Petite Banana 1CS Bread 1CS Cake 2CS</p> 	<p><b>Thursday 9</b></p> <p>Hungarian Goulash 3CS Cooked Cabbage Parslied Carrots 1/2CS Peaches 1CS Bread 1CS</p>	<p><b>Friday 10</b></p> <p>Meatloaf 1/2CS Potato Wedges 1CS Peas 1CS Fruit Cocktail 1CS Bread 1CS</p>	
<p><b>Monday 13</b></p> <p>Sweet &amp; Sour Chicken 1CS Baked Rice 1 1/2CS Broccoli Mandarin Oranges 1CS Fortune Cookie 1 1/2CS Bread 1CS</p> 	<p><b>Tuesday 14</b></p> <p>Manicotti w/Meat Sauce 2CS Corn 1CS Garlic Bread 1CS Strawberries 1CS Dessert 2CS</p> 	<p><b>Wednesday 15</b></p> <p>Salisbury Steak w/Gravy 2S Sliced Potatoes 1CS Peas &amp; Carrots 1CS Cooked Cinnamon Apples 1 1/2CS Bread 1CS</p>	<p><b>Thursday 16</b></p> <p>Mexican Chicken Soup 1 1/2CS topped w/Cheese &amp; Tortillas Tossed Salad w/Tomatoes Peach Crisp w/Topping 2CS</p> 	<p><b>Friday 17</b></p> <p>BBQ Beef on a Bun 2CS Tatar Tots 1CS Mixed Vegetables Tropical Fruit 1CS</p>	
<p><b>Monday 20</b> <b>CLOSED</b></p> 	<p><b>Tuesday 21</b></p> <p>Turkey Pot Pie topped with 1 Biscuit 2CS Broccoli Pudding w/Topping 1CS Peaches 1CS</p>	<p><b>Wednesday 22 Ash Wednesday</b></p> <p>Breaded Baked Fish 1CS Potato Wedges 1CS Coleslaw 1/2CS Fruit Cocktail 1CS Bread 1CS</p> 	<p><b>Thursday 23</b></p> <p>Beef Tips in Gravy over Rice 1 1/2CS California Vegetables Cranberry Sauce 1CS Pineapple Tidbits 1CS Bread 1CS</p>	<p><b>Friday 24</b></p> <p>Macaroni &amp; Cheese 2CS Peas 1CS Stewed Tomatoes Apricots 1CS Bread 1CS</p> 	
<p><b>Monday 27</b></p> <p>Parmesan Chicken Sweet Potatoes 1 1/2CS Beets 1 1/2cs Strawberry Pears 1CS Bread 1CS</p>	<p><b>Tuesday 28</b></p> <p>Taco Salad w/Meat &amp; Beans 2CS Unsalted Crackers 1CS Peaches 1CS SF Vanilla Ice Cream 1CS Bread 1CS</p> 	<p><b>Complete the Valentine's Day words &amp; entry your name in the drawing.</b></p> <p>S _ _ e t t _ r _ _ K _ _ s L _ _ e B i _ _ s R o _ a _ t _ c</p>			