

Wish List

Vanilla Ice Cream / Root Beer
Bingo Prizes
Baking Ingredients
Chalk for Pool Table
Origami Paper
7UP & Cranberry Juice
Chocolate Coins/King Cake
Paper Plates/Red Solo Cups
Decaf Coffee/Hot Chocolate Mix
White socks
Snacks

Volunteers!

Thank You

Thank you to The Humane Society of the Black Hills, Kathleen & Walter Boner, Deb & Kenton Larson, Troy Falardeau & Stan Masada, Dale & Mary Heidelberger, Norman Boeshans, Al & Beth Pinkston, Black Hills in Motion Cloggers, John Backlund, Pegie Douglas, Bob Grimm Band, Mt. Rushmore Black Hills Gold Factory, Prouty Pottery and Kurt Solay!

Your generosity and talents make our lives better!

If you know of a caregiver who could use a break-whether it is for an hour or 40 hours per week, give us a call at 605.791.0436 to schedule a tour. We are open Monday-Friday from 7:30 a.m. to 5:30 p.m.. We have openings for adults of all ages!

Do you know of a youth, service, professional, or church group looking for a local non-profit to support? If so, please point them in our direction! We could always use volunteers to help with activities, crafts, and games!



Follow the Adult Day Center of the Black Hills on Facebook!

The Adult Day Center of the Black Hills is a 501(c)3 non-profit.



FEBRUARY NEWS

January was an eventful month at the Adult Day Center, with new excursions, a fresh musician, and several new members joining our community. We extend a warm welcome to Deanna, Greg, Larry, and Bill! It's an honor to provide care for you and we hope you enjoy your time with us as much as we do with you.

Aging in place is a sensitive topic, but planning ahead is essential for ensuring the safety and wellbeing of loved ones when symptoms arise. Unfortunately, affordable caregiver assistance is scarce in the Black Hills area, particularly for those who aim to continue living at home.

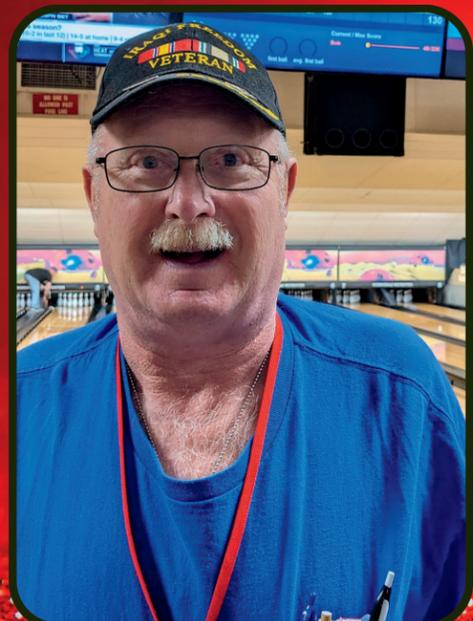
Our Adult Day services offer a safe, enjoyable environment for seniors to socialize, participate in activities, and receive assistance with personal care if necessary. Our services are more affordable than long-term care facilities and allow your loved ones to remain in their homes while receiving the care they need.

Last month, we focused a tremendous amount of time behind the scenes expanding our services. These efforts would not be possible without the dedication of our compassionate and hard-working staff. They have truly gone above and beyond to ensure our guests have a top-notch experience!



Adult Day Center
of the Black Hills

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WE ARE GROWING!

As we prepare to expand Adult Day services in the Black Hills area, we will be hiring more staff and opening up our enrollment. Some of the positions that we are seeking dedicated and talented individuals in the next few weeks/months include:

- Development/Community Outreach Coordinator**
- Center Manager**
- Floor Aides**
- Activity Coordinator**

If interested, please forward resume to management@blackhillsadc.com.

Currently, we have availability for a few additional full-time guests and several part-time/drop in guests.

MARK YOUR CALENDAR

FREE AGING WELL SERIES: HEALTHY LIVING FOR YOUR BRAIN AND BODY

Thursday, February 15 9:00 a.m.- 10:30 a.m.
Adult Day Center of the Black Hills



We will be hosting a Community Watch Party in partnership with the NDSU/SDSU Extension offices. As we age, there are precautions we can take to keep our mind healthy and maintain our independence. Do you want to learn science-based recommendations for taking care of your brain and body? Join us for an aging well watch party to learn more about brain health.

Call 605-269-0337 to register (free).



JOIN OUR EMAIL INVITE LIST!

Would you like to be notified of future caregiver support/educational opportunities? Please email management@blackhillsadc.com to receive our monthly invites and announcements.